



**L.I.F.E.**  
**Living In Faith Everyday ...**



**... by living sexually pure and decent lives**



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# L.I.F.E. by living sexually pure and decent lives

“For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright and godly lives in the present age” (Titus 2:11-12).

**Where to Start** – Living our faith with sexual purity does not begin with the Sixth Commandment, “You shall not commit adultery.” It begins with the Second Article and the grace of God in Jesus Christ. He brings us salvation and purifies us to be His own (Titus 2:14). Purity of living does not begin with what we should strive to be but with what God has made us to be in Baptism—pure in Christ.

**Grace Training** – Law training says, “Don’t do these things because they are bad.” Grace training says, “You don’t have to do these things because God is good and He revealed His goodness in Jesus.” Our Trainer does not see us as sexual beings but as human beings created by Him, purified in Christ, and gifted with sexuality. Purified people who live in Baptismal grace can choose purity! We can be trained!

## Trained for What?

“To renounce ungodliness and worldly passions.”

- Uphold the God-given sanctity of marriage between one man and one woman (Genesis 2:24).
- Rejoice in our differing vocations as male and female and renounce behavior that distorts, belittles, or denies this truth (Genesis 1:27-28; 2:18-23; Ephesians 5:3-11).

“To live self-controlled, upright and godly lives in the present age.”

- Honor our marriages and our spouses (1 Corinthians 7:4; Ephesians 5:21-25; Hebrews 13:4).
- Live in sexual purity of thought, word, and deed. (1 Corinthians 6:18-20; Ephesians 5:3-4; Philippians 4:8).

**Where to Finish** – When we fail to obey our Trainer, we fall before Him on penitent knees for He remains our Savior. He forgives, cleanses, and purifies anew (1 John 1:9). We press on toward our goal of sexual purity to make it our own, “because Jesus has made [us] his own” (Philippians 3:12).



**Equipping Lutherans to be  
Gospel-motivated voices For Life.**

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